

# Alexandra Clinton, D.O.M, A.P

## General Information

Name \_\_\_\_\_ Age \_\_\_\_\_ Today's Date \_\_\_\_\_  
Date of Birth \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone #'s: Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_  
Sex: M F Marital Status \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_  
Employer \_\_\_\_\_ Occupation \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Relation \_\_\_\_\_

## Health Insurance Information

Primary Insurance \_\_\_\_\_ Policy Holder's Name \_\_\_\_\_ DOB \_\_\_\_\_  
Policy Holder's Relation to Patient \_\_\_\_\_ Policy Holder's Employer \_\_\_\_\_

## Accident Information

Condition due to an Auto Injury? Date of Accident \_\_\_\_\_ Place (city/state) \_\_\_\_\_  
Have you reported the accident to your insurance company? Yes No Claim # \_\_\_\_\_

## Current Complaint

Please list the reason you are here \_\_\_\_\_  
How long have you had these symptoms \_\_\_\_\_  
Are they \_\_\_Improving \_\_\_Worsening \_\_\_About the same  
How did this condition start \_\_\_\_\_ Is it Mild Moderate Severe  
What makes it worse \_\_\_\_\_ What makes it better \_\_\_\_\_  
Is the pain \_\_\_Dull/Achy \_\_\_Sore/Stiff \_\_\_Sharp/Stabbing \_\_\_Numb/Tingly \_\_\_Shooting  
Is the pain worse \_\_\_In the morning \_\_\_As the day wears on \_\_\_At night \_\_\_Fairly steady  
On a scale of 0-5, rate how your pain affects the following: \_\_\_Lifting \_\_\_Walking  
\_\_\_Sitting \_\_\_Standing \_\_\_Sleeping \_\_\_Driving/Traveling \_\_\_Working

## Current Health

Name, address and phone of your family doctor \_\_\_\_\_  
Are you currently under a doctor's care for an illness or injury? If so please list their  
Name and address \_\_\_\_\_ Nature of  
illness/injury \_\_\_\_\_  
If you are currently taking prescription or non-prescription medications, please list them  
Medication \_\_\_\_\_ Dose \_\_\_\_\_ Medication \_\_\_\_\_ Dose \_\_\_\_\_  
Medication \_\_\_\_\_ Dose \_\_\_\_\_ Medication \_\_\_\_\_ Dose \_\_\_\_\_

Please list any medications that you are allergic to \_\_\_\_\_  
You height and weight \_\_\_\_\_ What is your usual blood pressure \_\_\_\_/\_\_\_\_

### **Health History**

If you have ever had any operations, surgeries or medical procedures, please list them:

Date \_\_\_\_\_ Procedure \_\_\_\_\_ Date \_\_\_\_\_ Procedure \_\_\_\_\_  
Date \_\_\_\_\_ Procedure \_\_\_\_\_ Date \_\_\_\_\_ Procedure \_\_\_\_\_

If you have ever in the past had any serious illness or injuries, please list them:

Date \_\_\_\_\_ Condition \_\_\_\_\_ Date \_\_\_\_\_ Condition \_\_\_\_\_  
Date \_\_\_\_\_ Condition \_\_\_\_\_ Date \_\_\_\_\_ Condition \_\_\_\_\_

Please list any significant family illnesses \_\_\_\_\_

Do you have a Pacemaker? Yes No

Do you smoke? Yes No \_\_ pack/day/week Do you drink alcohol? Yes No

Have you ever had Acupuncture? No Yes If yes, last date of treatment \_\_\_\_\_

By whom? \_\_\_\_\_ Similar/Different condition? \_\_\_\_\_ Results \_\_\_\_\_

What are your overall expectations from your treatment with Alexandra? \_\_\_\_\_

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I, the undersigned, hereby give my consent for Alexandra Clinton, D.O.M, A.P to examine and treat my condition as she deems appropriate through the use of Acupuncture and/or additional modalities.

**Patient's signature** \_\_\_\_\_

(parent/guardian signature if patient is under 18 years of age)